

Aging with Connection and Purpose Workgroup

Date: Wednesday, June 20th, 2018
Meeting Leader(s): Emily Benson and Dawn Barnett

Meeting Minutes

Welcome and Introductions

- Emily Benson: Carroll County Coalition for Public Health
- Dawn Barnett: Service Link
- Cheryl Kimball: Huggins Hospital, Office of Philanthropy and Population Health
- George Cleveland: Gibson Center, Executive Director
- Marianne Jackson: Gibson Center Board of Directors
- Dorothy Salomon: Vaughn Community Service Award winner, interested resident, former State Representative
- Heather Phillips: Memorial Hospital, Population Health
- Lynette Nason: Workforce Innovation and Opportunity Act (WIOA) Program
- Patricia Tallmadge: WIOA/Berlin and Littleton

Carroll County program/initiative updates

- Community Engagement/Activities:
 - Call to Care Screening: plans are still being considered for a film screening in the fall, date TBD, but trying to determine the best audience for the film. The film can be viewed here: <http://www.nhptv.org/calltocare/>
 - Cheryl shared that Great Bay Community College has a program model that might be possible in our region to address need for caregivers. She was encouraged to connect with Lynette.
 - Sue and Heather are talking about strategies to engage local youth in LNA Programs, especially with the workforce needs at the Adult Day Center opening next summer.
 - AARP Age-Friendly Communities (AFC) program with Gibson Center: Marianne Jackson
 - Gibson Center moving ahead joyfully with its plans for the application to AARP for Age-Friendly Community designation for 12 towns making up the Mt. Washington Valley that should be ready for submission July 1.
 - Each town will have representatives that will work together to follow the Age-Friendly Community's 8 domains. For more info about the program: <https://www.aarp.org/livable-communities/> .
 - Some towns already have Aging Committees who will be involved, ie Freedom, Madison and soon Tamworth. Towns will be able to pick and choose the issue that they want to address, ie transportation, housing, communication.
 - Cheryl is part of the Senior Leadership Series through UNH and Dartmouth and will share our work at their next meeting.
- Fall Prevention Programs:

- Heather shared that Memorial continues with their Falls Prevention Programs scheduled through December. They have just trained 6 new coaches. For more info about their programs: <https://mainehealth.org/memorial-hospital/healthy-communities/healthy-aging> .
- Huggins has similar programs as well.
- Advanced Care Planning Programs
 - This outreach program extends across Carroll, Coos and Grafton Counties. Sharing best practices and trying to reach the younger population is an ongoing process, but Program Coordinator Ashely Chaine is doing a great job with this. ACP's are scheduled to be incorporated into Electronic Health Records through EPIC by December 2018. For more info about the Advanced Care Planning Program and to have a presentation in your community go to: <http://www.vnhch.org/advance-care-planning>
- Eldercare Workforce Issues
 - Workforce Innovation and Opportunity Act (WIOA) Program through NH Works Lynette Nason (Lynette.Nason@nhes.nh.gov) and Trish Tallmadge:
 - The WIOA is a Federal program that helps folks 18 years and older who are looking for full time employment (30+ hours) with on-the-job training where the employee gets paid and the employer gets reimbursed. Contract cannot be more than 6 months long. They can also help with support services – such as: Car repair bills, mileage, help individuals with resume prep, career assessments, job search, training opportunities, veteran services and reimbursement of day care. They partner with Workplace Success (HHS - TANF program) to help with LNA Programs as well as WorkReadyNH.
 - They also offer training classes for caregivers. Mt View Nursing Home held a class, but they need trainers. Mt View will allow new trainers to use the room should someone be able to teach the class.
- Housing
 - Home Share MWV matching service: Marianne Jackson
 - Steps are underway to establish a HomeShare network through Gibson Center that provides the services of matching homeowners with rent seekers. A big component is for a safety net to be in place and provide a “match.com,” background checks and help with conducting the interviews for the house share opportunities, an ongoing process. VT gave lots of information as they have been doing this for 35 years. Not able to advertise program quite yet as the model needs to go through lawyers, etc. to work out the logistics.
 - Jackson Housing Opportunities Matters: This subcommittee of the Planning Board in Jackson hosted Community Forum on Housing on June 12th, topic areas included ways to help older residents age in place. Follow-up forum to identify action steps will take place in July. Emily serves as a resident on this committee and will keep members posted on progress.

- Other
 - Adult Day Center update: Heather Phillips
 - Groundbreaking took place June 5th and things are moving forward with goal to open in the spring of 2019. Dorothy Solomon will be a part of the center in any way they will have her.
 - For more info go to: <https://mainehealth.org/memorial-hospital/services/aging-senior-care/mount-washington-valley-adult-day-center>
 - Grandparent Support Groups: Dawn Barnett
 - Attendees reviewed the grandparent support group out of Wolfeboro Area Children's Center that used to be headed by Mrs. Pat Titus. Attendees just need to call the Wolfeboro Area Children's Center to join. For more info: 180 South Main Street, Wolfeboro, NH 03894, Phone: 603.569.1027 or email: info@wolfeborochildren.org
 - There was also discussion about Service Link's Grandparent respite grant as well as the caregiver grant and the various caregiver support groups available as well. Information was mailed to Lynette on the Grandparent Grant per her request – help spread the word! For more info: <https://www.nhcarepath.dhhs.nh.gov/caregivers/>
 - Review SFY 2018 Work and Eval Plan:
 - The group decided that the review of the SFY 2018 work plan would be emailed out with these minutes so attendees can add input for the next C3PH PHAC person. Please send thoughts/comments to phac@c3ph.org

State and Regional program/initiative updates:

- NH Alliance for Healthy Aging update: Marianne Jackson
 - No updates, other than things continue to move forward. Marianne and Lynette will chat more about training caregivers.
 - Everyone was encouraged to stay engaged with AHA's work. Contact Jennifer Rabalais, NH Alliance for Healthy Aging Coordinator, to receive AHA info e-mails: Jennifer.Rabalais@unh.edu . For more info go to: <http://nhaha.info/> .
 - Emily will remain on the Endowment for Health's Advisory Council so will keep tabs on work, as well being involved with aging issues specific to Town of Jackson as a resident, especially in regards to their Neighbor Care Program: <https://www.jackson-nh.org/emergency-management/pages/jackson-neighbor-care-program>
- State Committee on Aging: Dorothy Solomon
 - Carroll County is still in need of a representative. Sue Ruka is going to apply and Susan Ticehurst, former State Rep., has an interest to apply as well. Dorothy contacted the governor's council to push through either application when received. She will keep this group in the loop on the progress.
- State Commission on Grandfamilies: *(Emily wanted to share this info she learned about recently with everyone!)*

- Commission sponsored [HB 629](#) which removes some of the barriers that grandparents have encountered in their attempts to achieve legally recognized guardian status.
- State Fact Sheets for Grandfamilies:
<http://www.grandfamilies.org/Portals/0/State%20Fact%20Sheets/Grandfamilies-Fact-Sheet-New-Hampshire.pdf>
- Other
 - Memorial Hospital Community Health Needs Assessment (CHNA) Forum will be held on October 18th from 3-5 at the Red Jacket. Help spread the word in our area to make sure everyone can attend, ie. offer transportation from Gibson to Red Jacket? Health Overview will be out first for input. More to come on this at the C3PH PHAC meeting this fall, scheduled for Tuesday, Sept. 11th from 10am-noon at Runnell's Hall in Chocorua.
 - Marianne – Potential to connect with AARP through Gibson Center (Health Component).
 - Cheryl shared that Huggins Hospital will be embarking on a similar process for their CHNA in the coming months. They will be using the same county-level data as Memorial.

Aging Workgroup: future plans...

- Dawn reiterated that Service Link will be facilitating these meetings moving forward, taking over from Sandy and Emily. Emily has forwarded all contacts to Carissa (Director of ServiceLink Belknap/Carroll counties). Should Carissa not be available for the meeting – Dawn will facilitate. Agenda and minutes will continue as they have been and meeting held at TCCAP. Asked if anyone had anything they wanted changed, feedback and/or input? All is well! Please send future ideas for agenda items and news to Dawn at dbarnett@servicelinkppnh.org . Meeting minutes and other news and resources can be sent to phac@c3ph.org to be posted on C3PH website at <http://www.c3ph.org/aging-with-connection-and-purpose> .

Upcoming Events:

- **“Downsizing Made It Easy” Workshop** at Gibson Center, Tuesday, June 26th at 10AM. See attachment.
- **Daniel Hobbs:** Elder Advocacy Coordinator – New Hampshire Alliance for Healthy Aging (<http://nhaha.info>) with New Hampshire Legal Assistance (www.nhla.org) is looking forward to attending the September meeting to connect with folks about grassroots advocacy on aging issues. He can be reached at dhobbs@nhla.org
- **SAVE THE DATE** for the Memorial Hospital Community Health Needs Assessment Forum, slated for Thursday, October 18th between 3:00-5:00pm at The Red Jacket in North Conway.

SFY 2019 Meeting Schedule: 3rd Wednesdays of each quarter from 9-11am at TCCAP in Tamworth: Sept 19th, Dec. 19th, Mar. 20th, June 19th.